Standardization of vesicle detection by flow cytometry using traceable beads and optical scattering theory

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Introduction

reliable vesicle concentration is essential

- pathological conditions
- count rare vesicles

• flow cytometry is widely used to count single vesicles

Extracellular vesicles (EV)	
Platelet vesicles	? X 10 ¹² /L
Erythrocyte vesicles	? X 10 ¹¹ /L
Monocyte vesicles	? X 10 ¹⁰ /L

Problem

vesicle concentrations in plasma between
10⁵ to 10¹⁰ vesicles/mL with flow cytometry



primary cause: instruments differ in sensitivity

*accepted for publication, van der Pol et al., JTH (2014)



 obtain reproducible measurements of the vesicle concentration using different flow cytometers



Study comprises 30 sites (60 instruments) worldwide



 funded by the Scientific Standardization Committee of the International Society on Thrombosis and Haemostasis

Requirements to determine the vesicle concentration

- knowledge of the flow rate
- well-defined size range
- all vesicles within the size range are detected



- determine flow rate
- relate scatter to diameter* (stand alone)
 - measure METVES-characterized beads mixture
 - Exometry software obtains scatter to diameter relation
 - Exometry software provides vesicle size gates
- apply vesicle size gate to software (e.g. FlowJo)
- measure vesicle standard
- preliminary results

Determine flow rate

- mass discharge
 - weighting the sample volume aspirated during 10 minutes
- TruCount beads
 - S measurements with a sample with a known concentration of beads

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Measure vesicle standards

- Platelet vesicles (n=3)
 - Iactadherin-FITC, CD61-PE labeled
 - isotype control
 - o diluent
- Erythrocyte vesicles (n=3)
 - Iactadherin-FITC, CD235a-PE labeled
 - isotype control
 - o diluent

Measure vesicle standards

Canto II (flowrate 53,9 uL/min)

Phenotype	Lactadherin+ & (CD61 or CD235a)+				
Size (nm)	300-600	600-1200	1200-3000	400-800	
PMP sample 1		759	102	27	
PMP sample 2		1344	101	30	
PMP sample 3		458	74	28	
PMP isotype		0	0	0	
PMP diluent		144	28	13	
EMV sample 1		560	507	194	
EMV sample 2		525	582	229	
EMV sample 3		933	673	276	
EMV isotype		0	3	5	
EMV diluent		162	46	15	
TruCount	11683				

Preliminary results



Conclusions

- reliable vesicle concentration by flow cytometry is essential and requires
 - knowledge of the flow rate
 - well-defined size range
- international standardization study is ongoing
- preliminary results show a CV improvement of 19% for erythrocyte vesicles compared to previous standards

Progress indicator



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More on vesicle detection: edwinvanderpol.com

